



## Accredited Course Providers

### All Ireland/Multiple areas:

**Name:** Mark Britton  
Course/s: MST  
Qualification: ML  
Location: All Ireland  
Mobile: 086 1967141  
Website/email [markbritton164@gmail.com](mailto:markbritton164@gmail.com)

**Name:** Andy Callan  
Course/s: MST, MSA  
Qualification: MIA, IML  
Location: All Ireland  
Mobile: 086 6076418  
Website/email: [peakpursuits@gmail.com](mailto:peakpursuits@gmail.com)

**Name:** Vicki Cleary  
Course/s: MST  
Qualification: ML, SPA/RCI, MPA, MIA  
Location: All Ireland  
Mobile: 086 1205875  
Website/email [vmhcleary@yahoo.ie](mailto:vmhcleary@yahoo.ie)

**Name:** Diarmuid Crowley  
Course/s: MST  
Qualifications: ML, SPA/RCI  
Location: All Ireland (Mainly Munster, Wicklow and Connemara)  
Mobile: 087 4138735  
Website/email: [diarmuid\\_crowley@hotmail.com](mailto:diarmuid_crowley@hotmail.com)

**Name:** Declan Cunningham  
Course/s: MST  
Qualification: ML, RCL3  
Location: All Ireland  
Mobile: 087 6028639  
Website/email [skills4hills@gmail.com](mailto:skills4hills@gmail.com)

**Name:** Donal Dowd  
Course/s: MST, MSA  
Qualification: EML  
Location: All Ireland  
Mobile:  
Website/email [Info@cappanalea.ie](mailto:Info@cappanalea.ie) / [www.cappanalea.ie](http://www.cappanalea.ie)

**Name:** **Ambrose Flynn**  
Course/s: MST  
Qualification: ML, MIA, RCI  
Location: All Ireland (based in Dublin)  
Mobile: 085 7707019  
Website/email: [info@hikeandclimb.ie](mailto:info@hikeandclimb.ie) / <https://hikeandclimb.ie>

**Name:** **Terrance Glancy**  
Course/s: MST  
Qualification: ML, SPA/RCI, MPA  
Location: All Ireland  
Mobile: 087 9957320  
Website/email [outdoorlearningireland@gmail.com](mailto:outdoorlearningireland@gmail.com)

**Name:** **Adrian Hendroff**  
Course/s: MST  
Qualification: ML  
Location: All Ireland  
Mobile: 087 3615068  
Website/email: [info@adrianhendroff.com](mailto:info@adrianhendroff.com) / [www.adrianhendroff.com](http://www.adrianhendroff.com)

**Name:** **Wayne Jenkins**  
Course/s: MST  
Qualification: ML  
Location: All Ireland (based in Dublin)  
Mobile: 086 8258532  
Website/email [wayne\\_jenkins@hotmail.com](mailto:wayne_jenkins@hotmail.com)

**Name:** **Nathan Kingerlee**  
Course/s: MST  
Qualification: ML  
Location: Co. Kerry, Co. Galway, Co. Wicklow  
Mobile: 086 860 4563  
Website/email: [info@outdoorsireland.com](mailto:info@outdoorsireland.com) / [www.outdoorsireland.com](http://www.outdoorsireland.com)

**Name:** **Aidan Lanigan**  
Course/s: MST  
Qualification: ML, SPA/RCI  
Location: All Ireland (based in Dublin)  
Mobile: 086 3737910  
Website/email [aidanlanigan@gmail.com](mailto:aidanlanigan@gmail.com)

**Name:** **Peter Larkin**  
Course/s: MST  
Qualification: ML, SPA/RCI, MPA  
Location: All Ireland  
Mobile:  
Website/email [petelarkin@gmail.com](mailto:petelarkin@gmail.com)

**Name:** Carl Maddox  
Course/s: MST, MSA, MLT, RCI(SPA), CWI(CWA), AB Mod, LLA, Exped Mod,  
Qualification: ML, MIA, SPA/RCI  
Location: All Ireland  
Mobile: 087 7630400  
Website/email: [info@westclimbadventure.ie](mailto:info@westclimbadventure.ie) / [www.westclimbadventure.ie](http://www.westclimbadventure.ie)

**Name:** Georgia MacMillan  
Course/s: MST  
Qualification: ML  
Location: Mayo, Galway, Sligo  
Mobile: 086 8595166  
Website/email [info@terrafirmaireland.com](mailto:info@terrafirmaireland.com) , [www.terrafirmaireland.com](http://www.terrafirmaireland.com)

**Name:** Emily McCullagh  
Course/s: MST  
Qualification: ML  
Location: All Ireland  
Mobile: 087 9310859  
Website/email: [emilymcullaghart@gmail.com](mailto:emilymcullaghart@gmail.com)

**Name:** Andrew McCaul  
Course/s: MST  
Qualification: ML  
Location: All Ireland (based in Cavan)  
Mobile: 087 9875173  
Website/email: [andrewmccaul@yahoo.com](mailto:andrewmccaul@yahoo.com)

**Name:** Keith McDonnell  
Course/s: MST, MSA  
Qualification: ML, IML  
Location: All Ireland  
Mobile: 086 4076985  
Website/email [keith@eitragelgroup.ie](mailto:keith@eitragelgroup.ie) / [www.mountainskills.ie](http://www.mountainskills.ie)

**Name:** Iain Miller  
Course/s: MST, MSA, RCI(SPA), MLT, LLA, Exped Mod  
Qualification: ML, WML, MIA, SPA/RCI, MPA  
Location: All Ireland  
Mobile: 087 7584810  
Website/email: [uniqueascent@gmail.com](mailto:uniqueascent@gmail.com) / [www.uniqueascent.ie](http://www.uniqueascent.ie)

**Name:** Noel O'Leary  
Course/s: MST  
Qualification: ML, WML, SPA/RCI  
Location: Co. Cork, Co. Kerry, Co. Wicklow, Connemara  
Mobile: 087 4190318  
Website/email: [info@irishadventures.net](mailto:info@irishadventures.net) / [www.irishadventures.net](http://www.irishadventures.net)

**Name:** Darach Ó'Murchú  
Course/s: MST, MSA  
Qualification: ML, WML, IML  
Location: Munster, Leinster  
Mobile: 087 2153758  
Website/email: [darach@inmyelement.ie](mailto:darach@inmyelement.ie)

**Name:** Tim Orr  
Course/s: MST, MSA, HML, MLT, RCI(SPA), MPA, LLA, Exped Mod  
Qualification: ML, WML, MIA, MPA  
Location: All Ireland  
Mobile: 087 6772732  
Website/email [tim@torr.ie](mailto:tim@torr.ie)

**Name:** John Pierce  
Course/s: MST  
Qualification: ML, SPA/RCI  
Location: All Ireland  
Mobile: 086 3085654  
Website/email: [jpoutdoors@live.ie](mailto:jpoutdoors@live.ie) / [www.adventuretraining.ie](http://www.adventuretraining.ie)

**Name:** Sinead Pollock  
Course/s: MST, MSA, MLT, RCI(SPA)  
Qualification: ML, WML, SPA/RCI, MIA  
Location: All Ireland  
Mobile: 087 7988848  
Website/email: [sineadpollockorr@gmail.com](mailto:sineadpollockorr@gmail.com)

**Name:** Clive Roberts  
Course/s: MST, MSA, MLT  
Qualification: MIC  
Location: All Ireland  
Mobile: +44 7752949352  
Website/email: [cliveofkathmandu@yahoo.com](mailto:cliveofkathmandu@yahoo.com)

**Name:** Bren Whelan  
Course/s: MST, MSA, HML, MLT, RCI(SPA), MPA, LLA, Exped Mod  
Qualification: ML, WML, SPA/RCI, RCL4, MIA, MIC, IML, Foundation Climbing Coach Award  
Location: Antrim, Cavan, Down, Dublin, Donegal, Galway, Mayo, Meath, Monaghan, Leitrim, Louth, Sligo, Tyrone, Wicklow  
Mobile: 087 6657790  
Website/email: [bren@mountaintraining.ie](mailto:bren@mountaintraining.ie) / [www.mountaintraining.ie](http://www.mountaintraining.ie)

**Name:** Niall Ennis  
Course/s: MST, MSA, LLA, Exped Mod  
Qualification: ML, IML  
Location: All Ireland  
Mobile: 087 6289660  
Website/email: [info@mountainleaders.ie](mailto:info@mountainleaders.ie)

**Name:** Angela Carlin  
Course/s: CWI  
Qualification: ML, SPA/RCI, MIA  
Location: All Ireland  
Mobile: 086 2339202  
Website/email [angelacarlinclimbs@gmail.com](mailto:angelacarlinclimbs@gmail.com)

**Name:** Terry Lambert  
Course/s: MST  
Qualification: ML  
Location: All Ireland  
Mobile: 087 7849599  
Website/email [terry@hilltoptreks.ie](mailto:terry@hilltoptreks.ie)

**Name:** William Nolan  
Course/s: MST  
Qualification: ML  
Location: All Ireland  
Mobile: 087 6872072  
Website/email: [wildernessadventuresirl@gmail.com](mailto:wildernessadventuresirl@gmail.com)

### Co. Clare

**Name:** Michelle Casey  
Course/s: MST  
Qualification: ML  
Location: Co. Clare  
Mobile: 087 6151931  
Website/email [info@wildfullstop.com](mailto:info@wildfullstop.com)

**Name:** Jim McHale  
Course/s: MST  
Qualification: ML  
Location: Co. Clare  
Mobile: 087 2326520  
Website/email [jimmchale2012@gmail.com](mailto:jimmchale2012@gmail.com)

### Co. Cork

**Name:** Tadhg Boyden  
Course/s: MST  
Qualification: ML, SPA/RCI  
Location: Co. Cork  
Mobile: 087 7924841  
Website/email [tboyden76@gmail.com](mailto:tboyden76@gmail.com)

**Name:** John Healy  
Course/s: MST, RCit(SPAT)  
Qualification: ML, RCL4, MIA  
Location: Co. Cork, Co. Kerry

Mobile: 087 6777503  
Website/email: [johnhealcork@hotmail.com](mailto:johnhealcork@hotmail.com) / [www.simplymountains.com](http://www.simplymountains.com)

**Name:** **Maureen O'Brien**  
Course/s: MST  
Qualification: ML  
Location: Co. Cork  
Mobile: 087 9833962  
Website/email: [mountainsteward@gmail.com](mailto:mountainsteward@gmail.com)

**Name:** **Julie Reeves**  
Course/s: MST, LLAT, LLAA, Exped Mod  
Qualification: ML  
Location: Co. Cork  
Mobile: 086 8035754  
Website/email [juliereeveswalking@gmail.com](mailto:juliereeveswalking@gmail.com)

### Co. Donegal

**Name:** **John Boyce**  
Course/s: MST  
Qualification: ML  
Location: Co. Donegal  
Mobile: 083 4395503  
Website/email: [johnboyce@donegaletb.ie](mailto:johnboyce@donegaletb.ie)

**Name:** **Charlie Cassidy**  
Course/s: MST  
Qualification: ML  
Location: Co. Donegal  
Mobile: 074 913 7032  
Website/email: [charliecassidy@donegaletb.ie](mailto:charliecassidy@donegaletb.ie)

**Name:** **Brona Duddy**  
Course/s: MST  
Qualification: ML  
Location: Co. Donegal  
Mobile: 071 913 7032  
Website/email: [bronaduddy@donegaletb.ie](mailto:bronaduddy@donegaletb.ie)

**Name:** **Stephen Hodge**  
Course/s: MST, MSA, MLT, RCit(SPAT)  
Qualification: MIA, IML, ML, WML, RCI(SPA)  
Location: Co. Donegal  
Mobile: 00 44 7773359773  
Website/email [info@shmountaineering.co.uk](mailto:info@shmountaineering.co.uk)

### Co. Dublin

**Name:** Ciaran Bradshaw  
Course/s: MST  
Qualification: ML  
Location: Dublin  
Mobile: 087 7933592  
Website/email: [ciaranbradshaw@gmail.com](mailto:ciaranbradshaw@gmail.com)

**Name:** Eoin Browne  
Course/s: MST  
Qualification: ML  
Location: Dublin, Wicklow  
Mobile: 087 3471267  
Website/email [eoibrowne@gmail.com](mailto:eoibrowne@gmail.com)

**Name:** Maelíosa de Buitléar  
Course/s: MST  
Qualification: ML  
Location: Dublin, Wicklow  
Mobile: 086 2475280  
Website/email [maeliosadebuitlear@yahoo.ie](mailto:maeliosadebuitlear@yahoo.ie)

**Name:** Aodhnait Carroll  
Course/s: MST  
Qualification: ML  
Location: Dublin, Wicklow  
Mobile: 087 7907699  
Website/email [caodhnait@hotmail.com](mailto:caodhnait@hotmail.com)

**Name:** Rob Coffey  
Course/s: MST  
Qualification: ML  
Location: Dublin, Wicklow  
Mobile: 087 2044792  
Website/email [robjcoffey@yahoo.com](mailto:robjcoffey@yahoo.com)

**Name:** Russell Mills  
Course/s: MST  
Qualification: ML  
Location: Dublin, Wicklow  
Mobile: 086 4466997  
Website/email [info@mountaintrails.ie](mailto:info@mountaintrails.ie)

**Name:** Simon Stringer  
Course/s: MST  
Qualification: ML, RCL3  
Location: Dublin, Wicklow  
Mobile: 087 2233505  
Website/email [simon@leaf.ie](mailto:simon@leaf.ie)

## Co. Galway

**Name:** Michelle Hughes

Course/s: MST, MSA  
Qualification: IML  
Location: Co. Galway  
Mobile: 087 9055303  
Website/email: [michelle@emotionalfreedom.ie](mailto:michelle@emotionalfreedom.ie)

**Name:** Kevin O'Callaghan  
Course/s: MST, MSA  
Qualification: ML, IML, RCL  
Location: Co. Galway  
Mobile: 086 1738066  
Website/email: [kevin.ocallaghan@gmit.ie](mailto:kevin.ocallaghan@gmit.ie)

**Name:** Clement Quinn  
Course/s: MST  
Qualification: ML  
Location: Co. Galway  
Mobile: 087 9490362  
Website/email: [clemq82@gmail.com](mailto:clemq82@gmail.com)

**Name:** Henry Wilkinson  
Course/s: MST  
Qualification: ML  
Location: Co. Galway  
Mobile: 086 3076456  
Website/email: [wilko.henry@gmail.com](mailto:wilko.henry@gmail.com)

### Co. Kerry

**Name:** Liam Calnan  
Course/s: MST  
Qualification: ML  
Location: Co. Kerry  
Mobile: 086 3871894  
Website/email: [liamcalnan@gmail.com](mailto:liamcalnan@gmail.com)

**Name:** Michael Crawley  
Course/s: MST  
Qualification: ML  
Location: Co. Kerry  
Mobile: 086 3890171  
Website/email: [info@moractive.com](mailto:info@moractive.com)

**Name:** Dave Gaughran  
Course/s: MST, MSA, LLA, Exped Mod, RCI(SPA), MPA, CWI(CWA), Ab Mod, CWDI(CWLA)  
Qualification: MIA, WML  
Location: Co. Kerry  
Mobile: 087 820 8907  
Website/email: [daveadventuretraining@gmail.com](mailto:daveadventuretraining@gmail.com) / [www.adventuretraining.ie](http://www.adventuretraining.ie)



**Name:** Colette Lawlor  
Course/s: MST, LLA, Exped Mod  
Qualification: ML  
Location: Co. Kerry  
Mobile: 087 4183804  
Website/email: [pinetrees.colette@gmail.com](mailto:pinetrees.colette@gmail.com)

**Name:** Rhys Llywelyn  
Course/s: MST, MSA, LLA, Exped Mod  
Qualification: ML, IML  
Location: Co. Kerry  
Mobile: 087 9127713  
Website/email: [rhysandcarmel@gmail.com](mailto:rhysandcarmel@gmail.com)

**Name:** Lorcan McDonnell  
Course/s: MST, MSA, LLA, Exped Mod  
Qualification: ML, IML  
Location: Co. Kerry  
Mobile: 087 2727530  
Website/email: [lorcan.mcdonnell@gmail.com](mailto:lorcan.mcdonnell@gmail.com)

**Name:** Ann O'Connor  
Course/s: MST, MSA, LLA, Exped Mod  
Qualification: ML, IML, SPA/Rci  
Location: Co. Kerry  
Mobile: 0872579443  
Website/email: [annoc.kerry@gmail.com](mailto:annoc.kerry@gmail.com)

**Name:** Katie O'Connor  
Course/s: MST  
Qualification: ML  
Location: Co. Kerry  
Mobile: 086 4179312  
Website/email: [ktmuppet@gmail.com](mailto:ktmuppet@gmail.com)

**Name:** Kevin Roberts  
Course/s: MST  
Qualification: ML  
Location: Co. Kerry  
Mobile: 085 2805413  
Website/email: [kevin-roberts@hotmail.com](mailto:kevin-roberts@hotmail.com)

## Co. Kildare

**Name:** Brian Bateson  
Course/s: MST  
Qualification: ML, SPA/RCI, FCA, MPA  
Location: Kildare  
Mobile: 086 3807756

Website/email: [climbit.ie@gmail.com](mailto:climbit.ie@gmail.com)

**Name:** Declan Tracy

Course/s: MST

Qualification: ML, RCL 3

Location: Co. Kildare

Mobile: 086 7979376

Website/email: [dtracy@crosscare.ie](mailto:dtracy@crosscare.ie)

### Co. Laois

**Name:** Fergal Hill

Course/s: MST

Qualification: ML

Location: Co. Laois

Mobile: 086 3584692

Website/email: [hillf@live.ie](mailto:hillf@live.ie)

### Co. Leitrim

**Name:** Kevin Currid

Course/s: MST

Qualification: ML

Location: Lough Allen Adventure, Co. Leitrim

Mobile: 087 2756495

Website/email: [kevin@loughallenadventure.com](mailto:kevin@loughallenadventure.com)

### Co. Limerick

**Name:** Pat Lombard

Course/s: MST

Qualification: ML

Location: Munster, Wicklow, Connemara

Mobile: 085 1743067

Website/email: [patlom@eircom.net](mailto:patlom@eircom.net)

### Co. Louth

**Name:** Christopher Killeen

Course/s: MST

Qualification: ML

Location: Co. Louth

Mobile: 087 2067624

Website/email: [ckillen3@hotmail.com](mailto:ckillen3@hotmail.com)

### Co. Mayo

**Name:** Donal Enright

Course/s: MST

Qualifications: ML, SPA/RCI  
Location: Connemara / West coast (Able to travel all areas if required)  
Mobile: 094 954 6483  
Website/email: [info@petersburg.ie](mailto:info@petersburg.ie) / [www.petersburg.ie](http://www.petersburg.ie)

**Name: Stephen Hannon**

Course/s: MST  
Qualification: ML  
Location: Mayo, Galway  
Mobile:  
Website/email [stephen.hannon@gmit.ie](mailto:stephen.hannon@gmit.ie)

**Name: Tomas MacLochlainn**

Course/s: MST, MSA, MLT, LLA, Exped Mod  
Qualification: ML, WML, IML, RCL4  
Location: Co. Mayo  
Mobile: 098 45085  
Website/email: [siul@eircom.net](mailto:siul@eircom.net)

**Name: Orla Prendergast**

Course/s: MST, MSA, ML, RCI(SPA)  
Qualification: ML, WML, IML, MIA  
Location: Mayo, Galway  
Mobile: 9043159  
Website/email: [orla.prendergast@gmit.ie](mailto:orla.prendergast@gmit.ie) / <http://www.gmit.ie/castlebar/outdoor/ba-outdoor-leisure.html>

## Co. Sligo

**Name: Deirdre Cunningham**

Course/s: MST  
Qualification: ML, CWI(CWA)  
Location: Co. Sligo  
Mobile: 086 1952663 / 071 966 7055  
Website/email: [www.northwestadventure.ie](http://www.northwestadventure.ie) / [info@northwestadventure.ie](mailto:info@northwestadventure.ie)

## Co. Tipperary

**Name: Greg Kenny**

Course/s: MST  
Qualification: ML  
Location: Co. Tipperary (Comeraghs, Galtees, Knockmealdown Mountain ranges)  
Mobile: 086 8244752  
Website/email: [gkoldgrange@gmail.com](mailto:gkoldgrange@gmail.com)

## Co. Waterford

**Name: Mario MacRory**

Course/s: MST

Qualification: ML  
Location: Co. Waterford  
Mobile: 086 3970568  
Website/email: [mariomacroy@hotmail.com](mailto:mariomacroy@hotmail.com)

### Co. Wexford

**Name:** Colin Gibbon  
Course/s: CWI(CWA), Ab Mod, LLA, Exped Mod  
Qualification: ML, MIA  
Location: Wexford  
Mobile: 087 9091197  
Website/email: [gibboncolin@outlook.com](mailto:gibboncolin@outlook.com)

**Name:** Colette Mahon  
Course/s: MST  
Qualification: ML, SPA/RCI  
Location: Wexford (training in Comeraghs, Blackstairs and Wicklow)  
Mobile: 086 3333104  
Website/email: [colettebarntown@gmail.com](mailto:colettebarntown@gmail.com)

**Name:** Tom Meehan  
Course/s: MST  
Qualification: ML  
Location: Wexford  
Mobile: 086 2581071  
Website/email: [tommeehan3@gmail.com](mailto:tommeehan3@gmail.com)

### Co. Wicklow

**Name:** Helen Lawless  
Course/s: MST  
Qualification: ML  
Location: Co. Wicklow  
Mobile: 086 8046687  
Website/email: [helenlawless2010@gmail.com](mailto:helenlawless2010@gmail.com)

**Name:** Ronan Lenihan  
Course/s: MST, MSA  
Qualification: WML, IML, ML, RCL4  
Location: Wicklow  
Mobile: 087 2713694  
Website/email: [ronan@mountain.ie](mailto:ronan@mountain.ie)

**Name:** Ronan Mullen  
Course/s: MST  
Qualification: ML  
Location: Co. Wicklow  
Mobile: 086 8272524

Website/email: [info@adventure.ie](mailto:info@adventure.ie), [www.adventure.ie](http://www.adventure.ie)

**Name:** Charles O'Byrne  
Course/s: MST  
Qualification: ML  
Location: Co. Wicklow  
Mobile: 0404 46288  
Website/email [charlesjjobyrne@hotmail.com](mailto:charlesjjobyrne@hotmail.com)

**Name:** Christopher Stacey  
Course/s: MST  
Qualification: ML  
Location: Co. Wicklow  
Mobile: 087 2698659  
Website/email: [cstacey@iol.ie](mailto:cstacey@iol.ie) / <http://www.walkinghikingireland.com/mountainkills.htm>

**Name:** Willie Whelan  
Course/s: MST  
Qualification: ML, SPA/RCI  
Location: Wicklow, The Mournes  
Mobile: 087 2943970  
Website/email [wwwwhelan@eircom.net](mailto:wwwwhelan@eircom.net) / [www.outdooradventureireland.ie](http://www.outdooradventureireland.ie)

## Northern Ireland

**Name:** Trevor Fisher  
Course/s: H&MS, MST, MSA, LLA, H&ML, Exped Mod, ML, RCI(SPA), MPA, CWI(CWA), Ab Mod,  
Qualification: MIC, MIA, WML  
Location: Co. Down  
Mobile:  
Website/email [trevor.fisher@sportni.net](mailto:trevor.fisher@sportni.net) or [trevor.fisher@tollymore.com](mailto:trevor.fisher@tollymore.com)

**Name:** Kieran O'Hara  
Course/s: H&MS, MST, MSA, LLA, H&ML, Exped Mod, ML, RCI(SPA), MPA, CWI(CWA), Ab Mod,  
CWDI(CWLA)  
Qualification: MIC, MIA, WML, IML  
Location: Co. Down  
Mobile:  
Website/email [kieranohara@sportni.net](mailto:kieranohara@sportni.net) or [kieranohara@tollymore.com](mailto:kieranohara@tollymore.com)

**Name:** Stephen Millar  
Course/s: H&MS, MST, MSA, LLA, H&ML, Exped Mod  
Qualification: ML, RCI/SPA, WML, IML  
Location: Co. Down  
Mobile:  
Website/email [stephenmillar@sportni.net](mailto:stephenmillar@sportni.net)

**Name:** Jonathan Parr  
Course/s: ML, RCI(SPA), CWI(CWA), Ab Mod,  
Qualification: MIC, MIA, WML, SML, RCI(SPA)  
Location: Belfast

Mobile: 0044 7773196943  
Website/email [climbingparr@gmail.com](mailto:climbingparr@gmail.com)

**Name:** **Paul Swail**  
Course/s: RCI(SPA), CWI(CWA), Ab Mod, CWDI(CWLA)  
Qualification: MIA, WML, UIAGM  
Location: Co. Down  
Mobile: 00 44 7793453278  
Website/email [paul\\_swail@hotmail.com](mailto:paul_swail@hotmail.com)